



Manufacturers of
Hypo-allergenic
Nutritional
Supplements



Control C/P

What Is It?

Control C/P provides a unique lipid-free pumpkin seed and flower pollen combination. The highly concentrated Swedish flower pollen extract provides a 20:1 combination of water soluble to fat soluble flower pollen extracts from the Gramineaceae family.

Uses For Control C/P

Urinary And Bladder Support For Men And Women: Pumpkin seed extract (*Cucurbita pepo L.*) is traditionally recognized for its fatty oil constituents. New research has focused on a lipid-free extract standardized to contain lignan glycosides, or phenolic compounds. Lignan compounds modulate enzymatic activity in both men and women to promote healthy urinary and bladder function. *In vitro* results indicate that lignans target the enzyme 5-alpha reductase, maintaining healthy levels of dihydrotestosterone for prostate and male urinary health. *In vitro* studies show that pumpkin seed extract also modulates aromatase. This enzyme converts testosterone to estradiol in women. A decrease in this conversion helps maintain healthy testosterone levels in women for strengthening pelvic muscles and bladder function. In an open clinical trial, 39 postmenopausal women used a formula containing primarily lipid-free pumpkin seed extract for six weeks. The results suggest that lipid-free pumpkin seed extract helps to maintain healthy daytime and nighttime urination. Well-researched for promoting healthy urinary function in men, flower pollen extract maintains healthy leukotriene and prostaglandin production *in vitro* and may play a role in supporting urethra smooth muscle function. It is also a promising urinary support extract for women.*

What Is The Source?

This product contains lipid-free pumpkin seed extract (20:1) derived from *Curcubita pepo L.* Flower pollen extract is derived from a combination of corn, timothy and rye. The pollen is harvested directly from selected plants, and the allergenic outer husk is removed.

Recommendations

Pure Encapsulations recommends 2 capsules per day, one with breakfast and one with the evening meal.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. The pollen extracts used in this product are harvested directly from the selected plants and the allergenic outer husk is removed. While the risk of allergenicity is low, individuals with a sensitivity to pollen may still want to be cautious.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications.

Control C/P

two vegetable capsules contain

flower pollen extract (<i>Secale cereale L.</i>).....	537 mg.
(containing water and fat soluble fractions in a 20:1 ratio)	
lipid-free pumpkin seed extract (<i>Cucurbita pepo L.</i>) (20:1).....	525 mg.
(standardized to contain a minimum of 2% phenolic derivatives)	
2 capsules per day, one with breakfast and one with the evening meal.	

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.