



# FibroMalic

## What Is It?

FibroMalic offers a novel formulation consisting of malic acid, l-carnitine and magnesium for rejuvenating muscle energy and promoting muscle comfort.\*

## Uses For FibroMalic

**Support For Muscular Function and Comfort:** Malic acid and magnesium provide synergistic support for energy production. Malic acid serves as a substrate for energy release from the Krebs cycle (a physiological process in the body that metabolizes fats and sugars), and magnesium plays a major role in the formation of ATP, the body's energy storage molecule. In addition, malic acid has also been shown to play a role in maintaining muscle comfort. l-Carnitine is also crucial for mitochondrial production of ATP in skeletal muscle and enhances the ability of muscle to sustain energy and proper function by supporting healthy oxygenation of tissue. A recent study suggests that a combination of malic acid and magnesium nutritionally supports energy and muscle health in volunteers. Similar support was demonstrated for individuals supplementing with l-carnitine in a separate study.\*

## What Is The Source?

Magnesium is derived from natural mineral sources. Malic acid, aspartate and Carnitine are synthetically produced

## Recommendations

Pure Encapsulations recommends 3-6 capsules per day, in divided doses, with meals, or as directed by your physician.

## Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Magnesium may cause loose stools in some individuals.

## Are There Any Potential Drug Interactions?

Magnesium may interfere with potassium-sparing diuretics. It may also reduce the absorption of some antibiotics, Warfarin, and histamine blockers and should be taken at separate times from these medications.

### FibroMalic

each vegetable capsule contains  v 00

malic acid .....	200 mg.
magnesium (aspartate).....	40 mg.
l-carnitine (free-form) .....	200 mg.

(from 344 mg. of l-carnitine fumarate)

**3-6 capsules per day, in divided doses, with meals, or as directed by your physician.**

**\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

For educational purposes only. Consult your physician for any health problems.