



PhytoBalance

INTRODUCED 1996

What Is It?

PhytoBalance is a standardized herbal formula consisting of alfalfa, rehmanniae, dong quai, licorice root, motherwort, chaste tree, wild yam and black cohosh extracts, providing multifaceted support for the body during the hormonal changes of menopause.*

Features Include

- Alfalfa extract, providing isoflavones with mild estrogenic activity.*
- Dong quai, promoting uterine tone and smooth muscle function, providing mild estrogenic activity, and mediating hot flashes.*
- Licorice root extract, providing a mild estrogenic effect and mediating hot flashes.*
- Motherwort, supporting uterine tone.*
- Chaste tree, acting on the pituitary gland and mediating healthy luteinizing hormone (LH) and follicle-stimulating hormone (FSH) secretion. Chaste tree also mediates hot flashes.*
- Wild Yam, containing saponins that can be converted into estrogen-like compounds.*
- Black Cohosh, providing estrogenic activity and maintaining healthy luteinizing hormone (LH) activity. This botanical is supportive for hot flashes and promotes emotional well-being during menopause.*

Uses For PhytoBalance

Menopause Support: This unique formula contains phytoestrogens, natural substances in plants, which bind to estrogen receptor sites and exhibit mild estrogen-like activity. This formula also possesses uterotonic properties and moderates hormones including prolactin, LH and FSH.*

What Is The Source?

This formula contains: *Medicago sativa* (alfalfa) extract, *Angelica sinensis* (dong quai) extract, glycyrrhiza (licorice root) extract (standardized to contain 12% glycyrrhizic acid), *Leonurus cardiaca* (motherwort) extract, vitex (chaste tree) extract, dioscorea (wild yam) extract, and *Cimicifuga racemosa* (black cohosh) extract (standardized to contain 2.5% triterpene glycosides).

Recommendations

Pure Encapsulations recommends 2-4 capsules per day, in divided doses, between meals.

Are There Any Potential Side Effects Or Precautions?

Not to be taken by pregnant or lactating women. For sensitive individuals, this formula may cause abdominal discomfort, nausea, headaches, and dizziness. Persons with systemic lupus erythematosus (SLE) or with a history of SLE should avoid the use of alfalfa products. Licorice may be contraindicated for individuals with hypertension, but typically not in the amounts provided by this formula.

Are There Any Potential Drug Interactions?

This formula may potentially react with certain medications, including: NSAIDS, corticosteroids, diuretics, blood thinning and other heart medications. Consult your physician for more information.

(continued)

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PhytoBalance

each vegetable capsule contains  V 00

Medicago sativa (alfalfa) extract.....	100 mg
Angelica sinensis (dong quai) extract.....	100 mg
glycyrrhiza (licorice root) extract.....	100 mg
(standardized to contain 12% glycyrrhizic acid)	
Leonurus cardiaca (motherwort) extract.....	100 mg
vitex (chaste tree) extract	100 mg
dioscorea (wild yam) extract	50 mg
Cimicifuga racemosa (black cohosh) extract	100 mg
(standardized to contain 2.5% triterpene glycosides)	

Not to be taken by pregnant or lactating women.

2-4 capsules per day, in divided doses, between meals.



— Your Trusted Source —

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