



Tocotrienols

INTRODUCED 1998

What Is It?

Tocotrienols are isoprenoid compounds related to the vitamin E family. While the structure differs only slightly from vitamin E, tocotrienols have distinct functions of their own. This formula provides a natural, synergistic blend of 30% tocotrienols and mixed tocopherols.

Uses For Tocotrienols

Cardiovascular Support: Studies have shown that tocotrienols support lipid metabolism by maintaining healthy enzyme activity.*

Cellular Support: Some studies report that tocotrienols may support human breast cell health in addition to scavenging free radicals. Additionally, vitamin E plays a critical role in nucleic acid and protein metabolism, mitochondrial function, and hormone support.*

Antioxidant Protection: The antioxidant actions of the alpha and gamma tocopherol fractions help to preserve the cell membranes of cardiac and skeletal muscles, as well as provide general cardiovascular support.*

What Is The Source?

The tocotrienols and tocopherols in this product are naturally derived from rice bran oil. Typical levels are 9 mg d-gamma-tocotrienol, 6 mg d-alpha-tocotrienol, 20 mg (30 i.u.) d-alpha-tocopherol and 5 mg d-gamma-tocopherol.

Recommendations

Pure Encapsulations recommends 1-2 capsules per day, with meals.

Are There Any Potential Side Effects Or Precautions?

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications.

Tocotrienols

each softgel capsule contains	4 sg
rice bran oil	200 mg
(standardized to contain 30% tocotrienols/tocopherols)	60 mg
other ingredients: gelatin capsule	
1-2 capsules per day, with meals.	

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.

